



Health & Wellness Policy

Health and Wellness Precautions.

◆ **Masks are required at all times, in all areas of the studio.**

- ◆ Everyone entering the building must sanitize his or her hands.
- ◆ Temperature checks will be taken upon entry. No one with a temperature above 100° will be allowed to stay for class. You must be fever/symptom-free for 24 hours before returning to the building. Self-monitor for COVID-19 symptoms. If you have had known exposure, do not come to class until your quarantine ends.*see below*
- ◆ Dancers need to arrive early and ready for class (hair done and dressed before entering the building) we may begin classes on time.
- ◆ Our lobby is only open for business transactions. (no waiting inside)
- ◆ The staff is following protocols for cleaning including barres, floors, and mats, and common areas.
- ◆ To reduce congestion in the parking lot – please remember that there is one way in and one way out. ENTER the parking lot from the EAST entrance (closest to Buckets) and EXIT the parking lot from the WEST exit (closest to 47th Street) or park on the side of the building. There is NO PARKING on the grassy areas in the front. If there is no parking please drive around the block until there is a spot to park.
- ◆ Prepare your young dancers that they may have to wait a few minutes for pickup
- ◆ If a household member is tested for COVID-19 due to symptoms, or has flu-like symptoms we ask that your dancer not attend in-person classes until the household member has received a negative test result.
- ◆ If a dancer tests positive for COVID-19, he/she must follow isolation guidelines per the Arkansas Department of Health/CDC. Please refer to the Arkansas Department of Health's website for the most current guidance on isolation:
<https://www.healthy.arkansas.gov/programs-services/topics/covid-19-guidance-for-self-home-isolation>
- ◆ If a dancer is consider a close contact to someone who has tested positive for COVID-19, the dancer must quarantine following guidelines outlined by the Arkansas Department of Health as found on their website: <https://www.healthy.arkansas.gov/programs-services/topics/covid-19-guidance-for-self-home-quarantine>

- ◆ Class make-up and Zoom class offerings: Make-up class for dancer in level Creative Movement, Ballet I, and Ballet II, Intro to Modern, Beginning Modern, Beginning Jazz, Tap and Hip Hop may make up their classes in person within the semester he/she missed class, spring semester classes must be made up before Spring Break. Instructors may also offer videos for at home class make-up, Zoom classes will not be offered at these levels. Dancers in Ballet III and above, Intermediate and Advanced Jazz, Intermediate and Advanced Modern, and Pre-Pointe, Zoom classes may be offered, at the discretion of the instructor.

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