

westernArkansas
BALLET

2023-2024

Academy Class Schedule

Monday

Studio A

Ballet IV/V 4:15-5:45
Ballet III 6:00-7:30
Pre-Pointe 7:30-8:00

Studio B

Creative Mvmt 4:00-4:45
Int./Adv. Pointe 6:00-7:00
Adv. Modern 7:15-8:15

Studio C

Beg. Jazz 4:45-5:45
Ballet II 6:00-7:15
Beg. Adult Ballet 7:45-8:45

Tuesday

Studio A

To the Core 4:15-5:00
Company Class 5:15-6:45
Company Rehearsal 7:00-9:00

Studio B

Ballet II 4:15-5:30
Ballet I 5:45-6:45

Studio C

Hip Hop 2 4:00-5:00
Tap 1 5:00-5:30
Hip Hop I 5:45-6:30
Tap 2 6:45-7:30
Adult Tap 7:45-8:30

Wednesday

Studio A

Ballet III 4:15-5:45
Beg. Pointe 6:00-7:30
Adv. Jazz 7:45-8:45

Studio B

Ballet I 4:00-5:00
Creative Mvmnt. 5:15-6:00
Int. Pointe 6:00-7:30
Adult Ballet 7:45-8:45

Studio C

Interm. Modern 4:45-5:45
Adv. Pointe 6:00-7:30

Thursday

Studio A

Int. Jazz 4:15-5:15
Ballet IV 5:15-6:45
Company Rehearsal 7:00-9:00

Studio B

Ballet V 5:15-6:45
WAB II Rehearsal 7:00-8:00

Studio C

Pre-Dance 4:00-4:30
Intro. To Mod 4:40-5:25
Beg. Modern 5:25-6:10
Adult To the Core 6:15-7:15

Friday

Studio A

Studio B

Studio C

Saturday

Studio A

Company Class 10-11:45

Studio B

WAB II Co Class 10-11:30

Studio C

(479) 785-0152

4701 Grand Ave. – Fort Smith, AR – 72904-7141

5/30/2023

western Arkansas **BALLET**

4701 Grand Avenue
Fort Smith, AR 72904-7141
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www.waballet.org



Faculty & Staff

Melissa Schoenfeld, Executive Artistic Director

Mrs. Schoenfeld has been with Western Arkansas Ballet for over three decades. She earned her Bachelor's and Master's Degrees in Fine Arts Ballet Pedagogy from the University of Oklahoma. In addition to teaching ballet at all levels, Mrs. Schoenfeld oversees all artistic operation of Western Arkansas Ballet including directing our annual performance of *The Nutcracker* and teaching dance through Community Outreach programs such as the one with Bost, Inc. working with children with developmental and related disabilities.

Jared Mesa, Associate Artistic Director

Mr. Mesa has been with WAB since 2014. He was born in Yuma, Arizona, began his formal dance training with Dancer's Workshop at the age of 17 in Yuma and joined Yuma Ballet Theatre as a member in 2000. Mr. Mesa teaches Ballet III and above as well as Jazz at all levels. Mr. Mesa is oversees all technical theatre related aspects of WAB.

Brianna Mesa, Ballet Mistress & Costume Mistress

Mrs. Mesa has been with WAB since 2014. Mrs. Mesa graduated from The Boston Conservatory Cum Laude with a BFA in dance. Mrs. Mesa teaches all levels of ballet from 3 year olds to adults as well as all levels of modern dance. As costume mistress, Mrs. Mesa oversees all costume fittings, alterations, and designs for performances.

Allison Strasser, Dance Instructor

Allison join WAB in 2021 as a dance instructor in tap and hip hop. She began dancing at age three and continued training into her junior high and high school years in the studio and on school dance teams, UAFS Poms, and served within the Miss Arkansas Organization. She teaches English and Journalism at Southside High School. Miss Allison is very excited to join the faculty at Western Arkansas Ballet to combine her love of teaching and dance in a professional and positive environment!

Amy Willadsen, Administrator

Amy join WAB in 2021. As Administrator Amy oversees the administrative and financial duties of Western Arkansas Ballet. She can answer your questions about tuition, scholarships, and performance ticket sales.

Kortney Marsden, Administrative Assistant.

Kortney joined the Western Arkansas Ballet staff as the Administrative Assistant in 2017. She plays an important role at WAB. She greets you at the front desk or when she answers the phone. She assists in a wide range of office administration tasks and Academy communications including social media activity.

Visit our website www.waballet.org for more detailed biographical information on all of our faculty and staff.



Photo credit: Kim Singer Photography

CLASS DESCRIPTIONS AND DRESS CODE

Pre-Dance is a 30-minute class that meets once a week for 3 year olds (must be 3 at time of enrollment). Pre-dance introduces young children movement through music building motor skills, coordination and confidence. Required attire for girls is pink leotard, pink tights, and pink ballet shoes and for boys black shorts or tights, a white fitted t-shirt, and black ballet shoes.

Creative Movement is a 45-minute class that meets once a week for ages 4 & up. It develops the musicality, motor skills, rhythm, and coordination of young dancers. Required attire for girls is pink leotard, pink tights, and pink ballet shoes and for boys black shorts or tights, a white fitted t-shirt, and black ballet shoes.

Ballet I is a 60-minute class that meets once a week for ages 6 & up. Beginning Ballet Technique is taught, as well as the development of coordination. Required attire for girls is a light blue leotard, pink tights, and pink ballet shoes and for boys black shorts or tights, a white fitted t-shirt, and black ballet shoes.

Ballet II is a 75-minute class that meets once a week for ages 8 & up. Basic Ballet Technique is taught as well as self-discipline. A second ballet class is recommended. Required attire for girls is a lavender leotard, pink tights, and pink ballet shoes and for boys black shorts or tights, a white fitted t-shirt, and black ballet shoes.

Ballet III is a 90-minute class for ages 10 & up. Basic Ballet Technique and the ability to take correction are the main focuses of this level. A second ballet class is highly recommended. Required attire for girls is a red leotard, pink tights, and pink ballet shoes and for boys black shorts or tights, a white fitted t-shirt, and black ballet shoes.

Ballet IV is a 90-minute class for ages 11 & up. Ballet Technique and the ability to take correction are the main focuses of this level. A second ballet class is strongly suggested. Pointe Technique is offered for those given permission by the faculty. The faculty will place dancers in this level. Required attire for girls is a black leotard, pink tights, and pink ballet shoes and for boys black shorts or tights, a white fitted t-shirt, and black ballet shoes.

Ballet V is a 90-minute class for ages 12 & up. Intermediate Ballet Technique along with the ability to dance in a group are the focuses of this level. Pointe Technique is offered for those given permission by the faculty. Three classes a week are strongly suggested. The faculty will place dancers in this level. Required attire for girls is a black leotard, pink tights, and pink ballet shoes and for boys black shorts or tights, a white fitted t-shirt, and black ballet shoes.

Beginning Adult Ballet is a 60-minute class for ages 15 & up that meets weekly for sessions (Mondays 7:45-8:45). **Fall Session** is Sept. 11 – Nov. 13, 2023. **Spring Session** Jan 8 – Mar. 11, 2024. No previous dance training is necessary.

Adult Ballet is a 60-minute class that meets weekly for sessions (Wednesdays 7:45-8:45). **Fall Session** is Sept. 13 - Nov. 15, 2023. **Spring Session** is Jan. 10 – Mar. 13, 2024. Dancers with training experience or by permission from our Artistic Staff.

To the Core is a 45-minute class. Is a cross-training class to build strength specifically for dancers. It is a creative way to use exercise balls and Thera-bands to access muscles in the core and legs to enhance dance training and performance. This class is for ages 10 and up and there is a \$15 equipment fee. Required attire is exercise pants and a fitted t-shirt.

Adult To the Core is a 60-minute class that meets weekly for sessions (Thursdays 6:15-7:15) **Fall Session** is Sep. 14 – Nov. 16, 2023. **Spring Session** is Jan. 11 – Mar. 14, 2024). No previous dance training is necessary. Required attire is exercise pants and fitted t-shirt.

Pre-Pointe is a 30-minute strengthening class for ages 10 & up, designed as a preparation for Pointe Technique. Prerequisite to Beginning Pointe. Required attire is the same as you wear in your ballet class.

Beginning, Intermediate and Advanced Pointe classes are by invitation only, and require enrollment in at least two ballet classes per week in addition to Pointe class. Required attire is the same dress as you wear in your ballet class with the addition of pointe shoes. Pointe shoes must be checked by faculty before sewing on elastic and ribbon. Co-requisite is two ballet classes.

Tap Classes require the same color leotard and tights as your ballet class (if not enrolled in ballet a solid color leotard is acceptable) and black tap shoes. Tap shoe elastics are strongly recommended. Black jazz pants (hemmed to the appropriate length) or shorts are optional.

Tap I (6-9 yrs old) is a 30-minute class that meets once a week for ages 6-9. Basic Tap Technique is taught as well as sound recognition. The faculty recommends Ballet I immediately before or after to assist in the connection between ballet and tap.

Tap II (10 & up) is a 45-minute class that meets once a week for ages 10 and up. Builds upon basic Tap Technique, sound recognition, and the ability to tap in unison are the main focuses. The faculty recommends Ballet II immediately before or after to assist in the connection between ballet and tap.

Adult Tap is a 45-minute class that meets weekly for 10-week sessions (Tuesdays 7:30-8:15). **Fall Session** is Sept. 12 - Nov. 14, 2023.

Spring Session is Jan. 9 – Mar. 12, 2024. No previous dance training is necessary. Black jazz pants (hemmed to the appropriate length) or shorts are optional.

Beginning, Intermediate, Advanced Jazz require a solid color leotard (preferably the same color as your ballet level), pink tights, and black jazz shoes. Black jazz pants (hemmed to the appropriate length) or shorts are optional.

Beginning Jazz is a 60-minute class that meets once a week for ages 8-10. Basic Jazz Technique, as well as basic routine choreography, are taught at this level. The faculty strongly recommends dancers in this level take at least one ballet class (Ballet II) in addition.

Intermediate Jazz is a 60-minute class that meets once a week for ages 10 & up. Jazz Technique and routine choreography are the main focuses. The faculty strongly recommends a prerequisite of at least one year of ballet class, in addition to current ballet class (Ballet III or IV) enrollment.

Advanced Jazz is a 60-minute class that meets once a week for ages 12 & up. Advanced Jazz Technique are the main goals. The faculty strongly recommends a prerequisite of at least three years of ballet class, in addition to current ballet (Ballet V or VI) enrollment. The faculty will place dancers in this level.

Hip Hop I (8-10 yrs old) is a 45-minute class that meets once a week for ages 8 & up. Basic Hip Hop elements are introduced. A ballet and/or jazz class is strongly recommended in addition to Hip Hop. Required attire is appropriate fitted dancewear that you are able to move easily in and jazz shoes or dance sneakers.

Hip Hop II (ages 11 & up) is a 60-minute class that meets once a week for ages 11 & up with previous experience. Expands upon the original Hip Hop elements. A ballet and/or jazz class is strongly recommended in addition to Hip Hop. Required attire is appropriate fitted dancewear that you are able to move easily in and jazz shoes or dance sneakers.

All Modern Classes require a leotard, convertible or footless tights, jazz pants or leggings, and bare feet.

Intro to Modern is a 45-minute class that meets weekly for ages 9 & up. This class is designed to introduce a new style of movement to dancers who have had only ballet training.

Beginning Modern is a 45-minute class that meets weekly for ages 10 & up. Principles of contemporary movement technique will be the main focus as well as improvisational skills to strengthen their movement vocabulary. The faculty strongly suggests one year of ballet training as a prerequisite.

Intermediate Modern is a 60-minute class that meets weekly for ages 12 & up. Principles of contemporary movement technique will be the main focus as well as improvisational skills to strengthen their movement vocabulary. The faculty strongly suggests two years of ballet training as a prerequisite.

2023-2024 ACADEMY TUITION

Registration Fee: \$50 per family

Online Registration is available at
www.waballet.org beginning June 15, 2023

Registration will be accepted on a first
come, first served basis through March. 1,
2024.

To calculate tuition:

1. Choose the classes you are enrolled in and add the number of minutes for each class from the Class List Chart
2. Based on the number of class minutes per week, look at the tuition chart to determine your tuition based upon how you will pay: annually, by semester, or monthly.

Example: Sally is enrolled in the following classes: **Ballet III**, two classes per week (90 min. x 2 days = **180 min.**), **Pre-Pointe**, one class per week (**30 min.**), **Jazz II**, one class per week (**60 min.**), and **Beginning Modern**, one class per week (**45 min.**). Add the minutes per class for each class to find the total minutes per week as below:

180
30
60
+45

315 TOTAL Minutes per week

315 min. per week = **\$1874.00** **Annually**
 \$879.00 **Fall Sem.**
 \$1,099.00 **Spring Sem.**
 \$231.00 **Monthly**

Class List	Minutes Per Class
Pre-Dance	30
Creative Movement	45
Ballet I	60
Ballet II	75
Ballet III	90
Ballet IV	90
Ballet V	90
To the Core	45
Pre-Pointe	30
Beginning Pointe	90
Intermediate Pointe	90
Advanced Pointe	90
Intro to Modern	45
Beginning Modern	45
Intermediate Modern	60
Advanced Modern	60
Tap I (6-8 years old)	30
Tap II (9-12 years old)	45
Beginning Jazz	60
Intermediate Jazz	60
Advanced Jazz	60
Hip Hop I (8-10 years old)	45
Hip Hop II (11 years and up)	60
Beginning Adult Ballet (Fall Session- 9/11-11/13/23) (Spring Session 1/8-3/11/24)	10-wk Session \$175
Adult Ballet (Fall session - 9/13-11/15/23) (Spring Session - 1/10-3/13/24)	10-wk Session \$175
Adult Tap (Fall Session - 9/12-11/14/23) (Spring Session- 1/9-3/12/24)	10-wk session \$150
Adult To the Core Fall session -9/14-11/16/23) (spring session (1/11-3/14/24)	10-wk Session \$175

Minutes of Class per Week	Monthly Tuition	Fall Semester Tuition with 5% Discount	Spring Semester Tuition with 5% Discount	Annual Tuition with 10% Discount
30	\$57	\$217	\$272	\$463
45	\$63	\$241	\$301	\$513
60	\$74	\$281	\$352	\$600
75	\$86	\$326	\$407	\$694
90	\$98	\$373	\$467	\$796
105	\$108	\$411	\$514	\$876
120	\$121	\$460	\$576	\$982
135	\$125	\$476	\$595	\$1,015
150	\$133	\$506	\$632	\$1,078
165	\$140	\$531	\$664	\$1,131
180	\$141	\$537	\$672	\$1,145
195	\$149	\$567	\$709	\$1,208
210	\$159	\$602	\$753	\$1,284
225	\$170	\$645	\$807	\$1,376
240	\$176	\$670	\$837	\$1,428
255	\$187	\$712	\$890	\$1,517
270	\$198	\$753	\$942	\$1,606
285	\$209	\$795	\$994	\$1,695
300	\$220	\$837	\$1,047	\$1,785
315	\$231	\$879	\$1,099	\$1,874
330	\$242	\$921	\$1,151	\$1,963
345	\$253	\$963	\$1,203	\$2,052
360	\$264	\$1,005	\$1,256	\$2,142
375	\$275	\$1,047	\$1,308	\$2,231
390	\$286	\$1,088	\$1,360	\$2,320
405	\$297	\$1,130	\$1,413	\$2,409
420	\$304	\$1,156	\$1,445	\$2,464
435	\$313	\$1,190	\$1,488	\$2,537
450	\$321	\$1,221	\$1,526	\$2,603
495	\$343	\$1,305	\$1,631	\$2,781
510	\$352	\$1,337	\$1,672	\$2,850
525	\$362	\$1,377	\$1,721	\$2,934
540	\$367	\$1,395	\$1,744	\$2,974
555	\$377	\$1,434	\$1,793	\$3,057
570	\$388	\$1,473	\$1,841	\$3,140
585	\$394	\$1,496	\$1,870	\$3,189

The Academy is in session for nine months(4 Fall months & 5 Spring months) and all tuition is based on the total annual cost of the program. Payments may be made annually, by semester, or by month.

There is a discount for payments made annually or by semester. Discounts are not provided for absences, vacations, academy holidays or snow/element weather closures.

Checks should be made payable to Western Arkansas Ballet or WAB. Monthly payments are due on the **first day of the month**. A \$25 late fee is charged after the 5th of the month. **A student whose account is 30 days past due will be asked to observe rather than participate. RETURNED CHECK CHARGE is \$25. Enrollment in auto-pay will be required if tuition is paid after the 5th of the month for two consecutive months.**

It is understood that a student who is admitted to the Academy is to be enrolled for the entire 9-month-term. If it becomes necessary for a student to withdraw, **communication or written notice from an adult/guardian to the Administrator is required.** If the written notification of withdrawal is submitted by the 15th of the month (without class attendance), there will be no charge for the month. Above policies are explained in your Academy Handbook.

westernArkansas BALLET

2023-2024 Calendar

June

1 Online registration for 2023-2024 (current students)
6-7 Joffrey Workshop
10-11 Adult Tennis Tournament
12-16 Elevé Dance Workshop
12-16 Summer Ballet Camps Ages 4-7
13,15 Open Company Classes
15 Online Registration for 2023-2024
15 WAB & WAB II Company Meeting-6:00
19-22 Giselle Ballet Camp Ages 8-9
20,22 Open Company Classes

July

11,13 Open Company Classes
18,20 Open Company Classes
25,27 Open Company Classes

August

1-4 WAB Company Classes Begin (schedule TBA)
3 ALL Company Dancers/Parents Meeting-5:30
5-6 8th Junior Tennis Tournament
9-18 WAB Company Choreography
21-25 WAB Company Choreography
21-25 WAB II Choreography

September

8/28-1 WAB Company Choreography
8/28-1 WAB II Choreography
5 Academy Classes begin
15 Pre-Nutcracker Audition Workshop 4:30-6:00
16 The Nutcracker & Spring Ballet Auditions

October

2-5 Bring a Friend to Class week
7 Ballet Ball
7 Nutcracker rehearsals begin
12 Company Parent Meeting-Poinsettia & RDA
13 Company Poinsettia Sales Begin
14

November - Parent Observation Month

7 Company Poinsettia/Mum Sales end
19 Sugar Plum Fairy Tea (setup and event)
20-24 Closed for Thanksgiving Break

December

2 Poinsettia Delivery
12-13 The Nutcracker Rehearsals ArcBest PAC
14-15 The Nutcracker Dress Rehearsals ArcBest PAC*
15 The Nutcracker School Performances ArcBest PAC
16 The Nutcracker Performance 7:00 ArcBest PAC
17 The Nutcracker Performance 2:00 ArcBest PAC
18-Jan 2 Closed for Christmas Break

January

3 Academy Classes resume
20 Tutu Run
Spring Ballet Rehearsals begin

February

RDA Adjudication

March

18-2 Closed for Spring Break

April

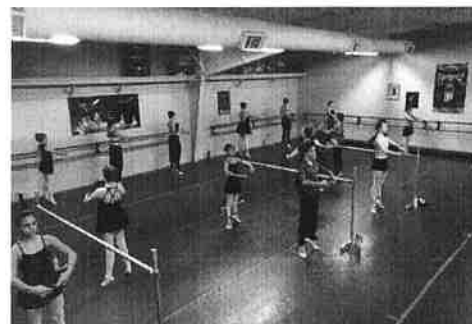
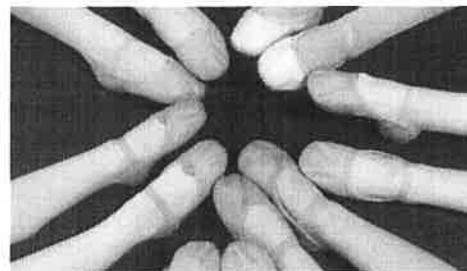
1-4 The Wizard of Oz Ballet Rehearsals ArcBest PAC*
6 The Wizard of Oz Ballet 7:00 p.m. ArcBest PAC
7 The Wizard of Oz Ballet 2:00 p.m. ArcBest PAC
23-28 RDA SW Festival Daytona Beach, FL

May

TBD Last day of Academy classes
TBD Spring Dance Concert Rehearsal
TBD Spring Dance Concert
TBD WAB II Company Auditions
TBD WAB Company Auditions

June

13 WAB & WAB II Company Meeting 6:00
Lorraine Cranford Summer Dance Series TBA
Joffrey Workshop TBA
Levitt AMP Fort Smith Performance TBA
Summer Camps TBA



Contact us:

Western Arkansas Ballet
4701 Grand Avenue
Fort Smith, AR 72904

Phone: 479-785-0152

Email: info@waballet.org

Website:
www.waballet.org



*Please note that some classes may be rescheduled or cancelled the week of Dec. 11-14, 2023, April 1-4, 2024 and April 23-26, 2024 due to productions and festivals.

Holidays

The Academy of Western Arkansas Ballet will observe the Fort Smith Public Schools calendar for **Thanksgiving, Christmas and Spring Break schedules ONLY**. Notification of weather-related closures will be posted on our voicemail, website and Facebook. Make-ups are available during other class times of the same level (Example: Ballet III Monday class may be made up during the Ballet III class offered on Wednesdays). If another class is not available for the level, a make-up will be scheduled with notification provided at the next class.

Western Arkansas Ballet is a non-profit organization. This program is supported, in part, by the Arkansas Arts Council, an agency of the Department of Arkansas Parks, Heritage, Tourism, and the National Endowment for the Arts. Western Arkansas Ballet is a performing company member in Regional Dance America/Southwest, an association of regional ballet companies.

The Board of Directors has set forth the following mission for the organization: **To create a community dedicated to the Fine Arts through quality dance education, training, and performance.**

Chris Hedrick, President
Ashley Ellis, Vice President
Marie Holland, Treasurer

Melissa Schoenfeld, Executive Artistic Director
Jared Mesa, Associate Artistic Director
Brianna Mesa, Ballet Mistress and Costume Mistress
Allison Strasser Instructor
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